

## STEP 1: ADJUSTING / SMOOTHING

Use the D0135-014-FG -or- D0379-023-FG to shape or adjust anatomy. These burs let you refine contours and occlusion based on the patient's bite.



D0135-014-FG



D0379-023-FG

(Optional Step): Smooth any layering lines or chalkiness with the 9746G-100-RA, when the Extraoral Kit wasn't used prior to delivery.



9746G-100-RA

## STEP 2: PRE-POLISH

Use after crown adjustments. Use dual-layer twist for broad surfaces; single-layer twist for grooves and interproximal contacts.

- Dual-Layer Twist – 12,000 RPM
- Single-Layer Twist – 10,000 RPM



3D Dual Layer Twist  
(Pre-Polish)



3D Single Layer Twist  
(Pre-Polish)

## STEP 3: HIGH-SHINE

Use the dual-layer twist to achieve a glossy finish on occlusal and broad surfaces. Switch to the single-layer twist to polish grooves and interproximal areas with precision and esthetic control.

- Dual-Layer Twist – 10,000 RPM
- Single-Layer Twist – 8,000 RPM



3D Dual Layer Twist  
(High-Shine)



3D Single Layer Twist  
(High-Shine)

**Use prior to delivery when adjusting outside the mouth.**

### STEP 1: ADJUSTING / SMOOTHING

**(Optional):** Remove bulk supports using HM280-023-HP if needed.

Use HM138PX-023-HP or HM79EX-040-HP to remove supports, refine anatomy, and smooth adjusted areas. Select the shape and grit that best suit your access and adjustment needs prior to polishing.

Use 253G-250-HP to remove layering lines, chalkiness, and residual support nubs, then follow with 253M-250-HP to refine the surface for a smooth, uniform finish. Choose one or both based on the level of cleanup needed.



HM280-023-HP



HM138PX-023-HP



HM79EX-040-HP



253G-250-HP



253M-250-HP

### STEP 2: PRE-POLISH

Use after adjustments and smoothing. Use dual-layer twist for broad surfaces; single-layer twist for tight spots such as grooves and interproximal contacts.

- Dual-Layer Twist – 12,000 RPM
- Single-Layer Twist – 10,000 RPM



3D Dual Layer Twist (Pre-Polish)



3D Single Layer Twist (Pre-Polish)

### STEP 3: HIGH-SHINE

Use the dual-layer twist to achieve a glossy finish on occlusal and broad surfaces. Switch to the single-layer twist to polish grooves and interproximal areas with precision and esthetic control.

- Dual-Layer Twist – 10,000 RPM
- Single-Layer Twist – 8,000 RPM

**(Optional):** For a final high-gloss finish, use 150-220-HP buff wheel. No paste required.



3D Dual Layer Twist (High-Shine)



3D Single Layer Twist (High-Shine)



150-220-HP